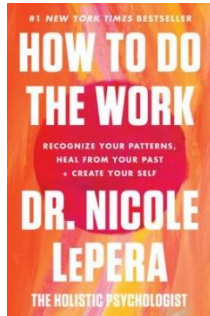
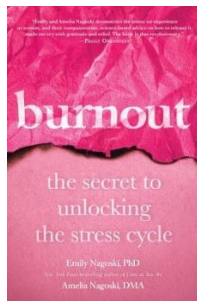


Mental Health Awareness

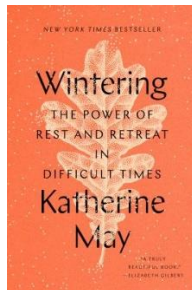
[How to do the Work](#) | 128.2 LaPera N |
Nonfiction



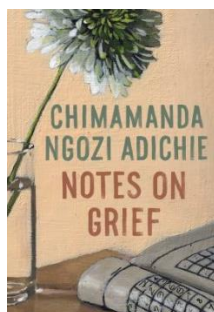
[Burnout](#) | 155.9 Nagaoski E | Nonfiction



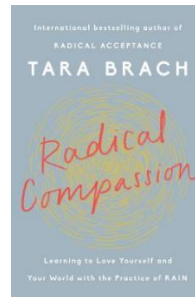
[Wintering](#) | 155.93 May K | Nonfiction



[Notes on Grief](#) | 155.937 Adichie C |
Nonfiction



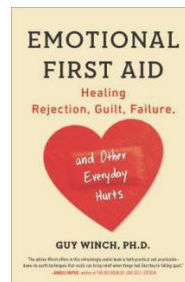
[Radical Compassion](#) | 158 Brach T |
Nonfiction



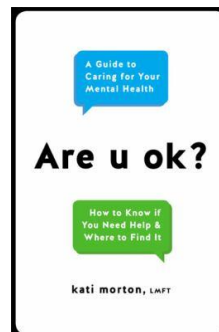
[Laziness Does Not Exist](#) | 158.1 Price D |
Nonfiction



[Emotional First Aid](#) | 158.1 Winch G |
Nonfiction



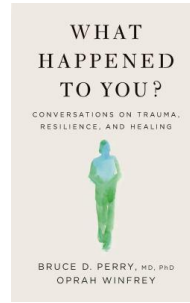
[Are U Ok?](#) | 362.2 Morton K | Nonfiction



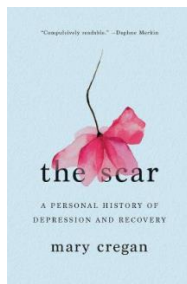
[How to Change Your Mind](#) | 615.7 Pollan M |
Nonfiction



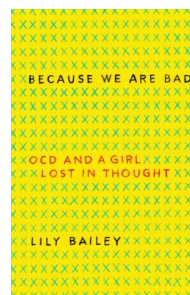
[What Happened to You](#) | 616.8521 Perry B |
Nonfiction



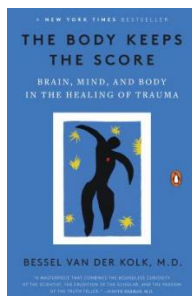
[The Scar](#) | 616.85 Cregan M | Nonfiction



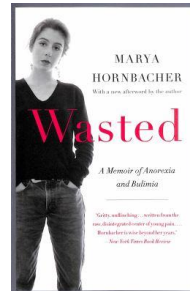
[Because We Are Bad](#) | 616.85227 Bailey Lily |
Nonfiction



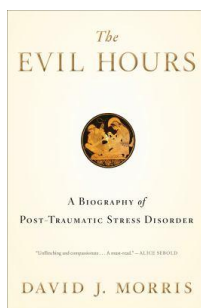
[The Body Keeps the Score](#) | 616.85 Van Der Kolk B | Nonfiction



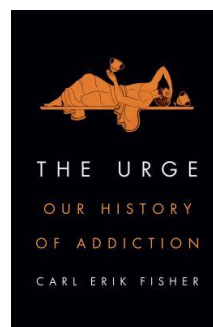
[Wasted](#) | 616.85262 Hornbacher M | Nonfiction



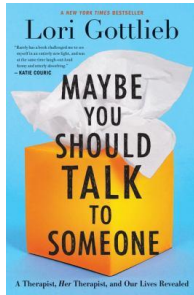
[The Evil Hours](#) | 616.8521 Morris D | Nonfiction



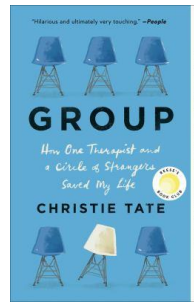
[The Urge: Our History of Addiction](#) | 616.8584 Fisher C | Nonfiction



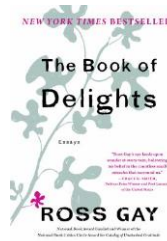
[Maybe You Should Talk to Someone](#) | 616.89
Gottlieb L | Nonfiction



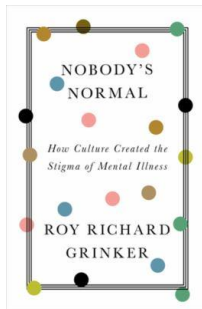
[Group](#) | 616.891 Tate C | Nonfiction



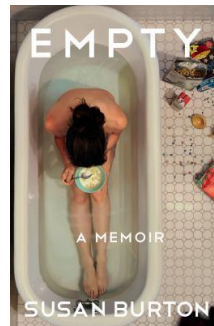
[The Book of Delights](#) | 814.6 Gay R |
Nonfiction



[Nobody's Normal](#) | 616.89 Grinker R |
Nonfiction



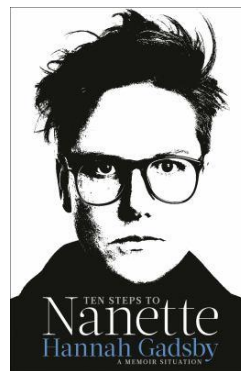
[Empty: A Memoir](#)



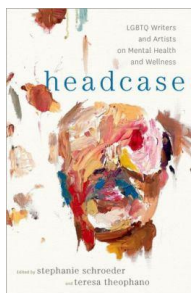
[How Not to Fall Apart](#) | 616.89 Van Eijk M |
Nonfiction



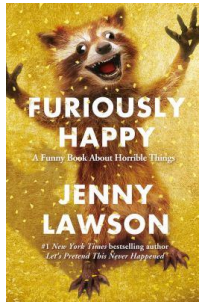
[Ten Steps to Nanette](#) | Bio Gadsby H |
Biography



[Headcase: LGBTQ Writers and Artists on Mental Health and Wellness](#) | 616.89008
Headcase | Nonfiction



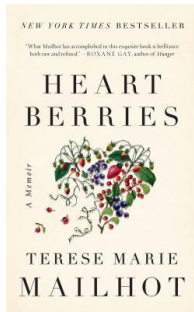
[Furiously Happy](#) | Bio Lawson J | Biography



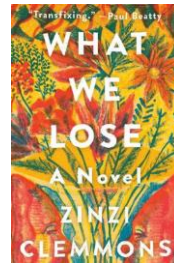
[Milkfed](#) | F Broder M | Fiction



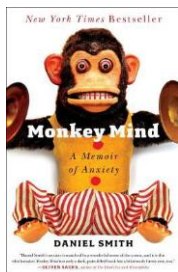
[Heart Berries](#) | Bio Mailhot T | Biography



[What We Lose](#) | F Clemmons Z | Fiction



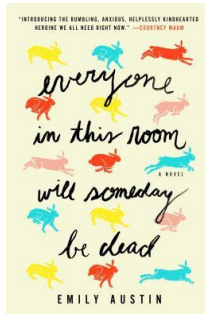
[Monkey Mind](#) | Bio Smith D | Biography



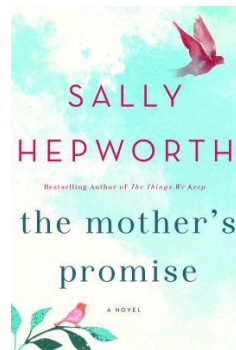
[Transcendent Kingdom](#) | F Gyasi Y | Fiction



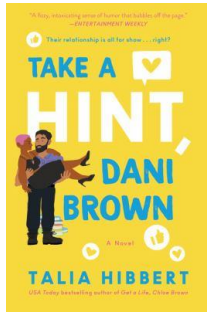
[Everyone in This Room](#) | F Austin E | Fiction



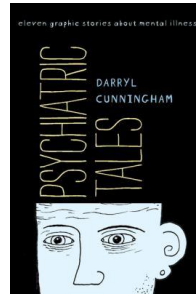
[The Mother's Promise](#) | F Hepworth S | Fiction



[Take a Hint, Dani Brown](#) | F Hibbert T | Fiction



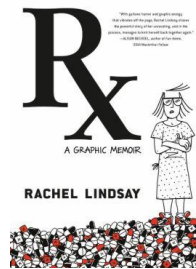
[Psychiatric Tales](#) | Graphic Novel
Cunningham D



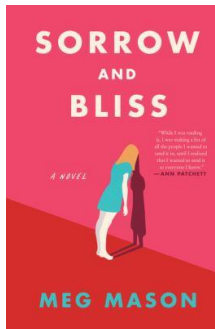
[Everything Here is Beautiful](#) | F Lee M | Fiction



[Rx: A Graphic Memoir](#) | Graphic Novel
Lindsay R



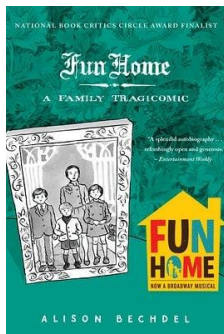
[Sorrow and Bliss](#) | F Mason M | Fiction



[Seek You](#) Graphic Novel Radke K



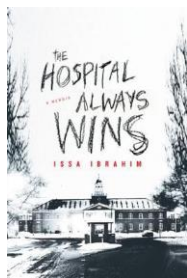
[Fun Home](#) | Graphic Novel Bechdel A



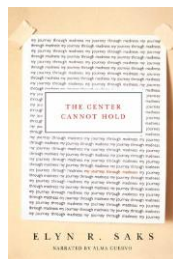
[I'm Telling the Truth, but I'm Lying](#) | E-Book/E-
Audiobook | Hoopla



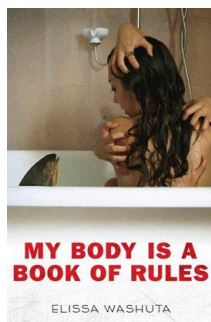
[The Hospital Always Wins](#) | E-Book/E-Audiobook | Hoopla



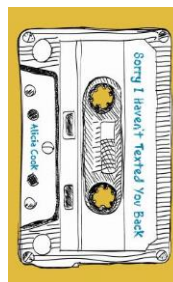
[The Center Cannot Hold](#) | E-Audiobook | Hoopla



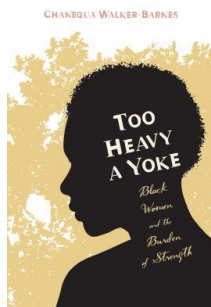
[My Body is a Book of Rules](#) | E-Book | Hoopla



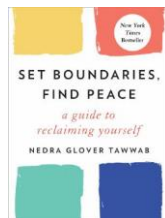
[Sorry I Haven't Texted You Back](#) | E-Book | Hoopla



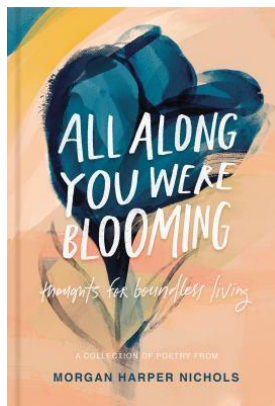
[Too Heavy a Yoke](#) | E-Book | Hoopla



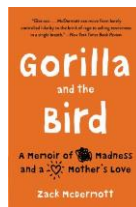
[Set Boundaries, Find Peace](#) | E-Book | Libby



[All Along You Were Blooming](#) | E-Book/E-Audiobook | Hoopla



[Gorilla and the Bird](#) | E-Book | Libby



[Another Kind of Madness](#) | E-Audiobook | Libby

